



FREE SBIRT WEBINAR SERIES

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Brief Intervention for Adolescents Part II: BNI Using MI Strategies

A component of **Using SBIRT to Talk to Adolescents about Substance Use** four-part webinar series

This third webinar in series demonstrates how to deliver brief interventions based on the Brief Negotiated Interview Model using motivational interviewing (MI) and cognitive behavioral therapy (CBT) techniques to assist adolescents in behavioral change. This webinar includes lots of sample dialogues and will present evidence-based strategies that encourage the adolescent to increase their own internal motivation to change their substance use.

Along with cutting-edge, evidence-based education, the expert presenters will provide sample scripts and role plays so participants gain strategies to use right away with adolescents in many settings. This free education is ideal for anyone who wishes to gain an in-depth understanding of SBIRT and its use with adolescents, designed for both those who are new to SBIRT and for those who want more advanced training beyond an overview.

Learning Objectives:

- Learn how to deliver an effective brief intervention based on the Brief Negotiated Interview Model informed by Motivational Interviewing (MI) strategies.
- Use cognitive behavioral therapy (CBT) strategies to identify goals for reducing or eliminating substance use.

- Ideal for social work and nursing students, educators, and clinical supervisors, as well as mental health counselors, substance use professionals, medical professionals, professional counselors, psychologists, employee assistance professionals, and other helping professionals that are interested in learning about SBIRT
- Use with clinical supervision or watch together with your colleagues
- Free Certificates of Attendance for everyone
- Only need a computer/internet connection or a smartphone (compatible with PC, Mac, iPad, iPhone, Android)
- Closed captioning available

Featuring Expert Presenters:



Ken C. Winters
PhD



Carolyn Swenson
MSPH, MSN, RN

Produced in partnership with the Adolescent SBIRT Project, NORC at the University of Chicago, the BIG Initiative, and the Conrad N. Hilton Foundation.

ADOLESCENT
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[Screening, Brief Intervention & Referral to Treatment]



NORC
at the UNIVERSITY of CHICAGO



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