

**Brief Intervention Observation Sheet (BIOS)
for Kognito's *SBI with Adolescents* Online Simulation**

Date: _____

Person Conducting the Brief Intervention: _____

Observer: _____

Observer Instructions: Place a ✓ in the Yes/No column corresponding to the components utilized in the role play or standardized patient simulation.

CRITERIA	YES	NO
BUILD RAPPORT		
• Ask about life	<input type="checkbox"/>	<input type="checkbox"/>
• Ask permission to raise subject	<input type="checkbox"/>	<input type="checkbox"/>
• Discuss drinking/drug use	<input type="checkbox"/>	<input type="checkbox"/>
ELICIT PROS AND CONS		
• Elicit pros	<input type="checkbox"/>	<input type="checkbox"/>
• Elicit cons	<input type="checkbox"/>	<input type="checkbox"/>
• Summarize	<input type="checkbox"/>	<input type="checkbox"/>
PROVIDE FEEDBACK		
• Ask permission to share information	<input type="checkbox"/>	<input type="checkbox"/>
• Provide salient info	<input type="checkbox"/>	<input type="checkbox"/>
• Elicit response	<input type="checkbox"/>	<input type="checkbox"/>
ASSESS READINESS		
• Ask about readiness	<input type="checkbox"/>	<input type="checkbox"/>
• Make recommendation for abstinence	<input type="checkbox"/>	<input type="checkbox"/>
• Ask, Why not less? Or What would have to change?	<input type="checkbox"/>	<input type="checkbox"/>
NEGOTIATE AN ACTION PLAN		
• Elicit a specific goal	<input type="checkbox"/>	<input type="checkbox"/>
• Collaborate on specific steps	<input type="checkbox"/>	<input type="checkbox"/>
• Explore challenges to change	<input type="checkbox"/>	<input type="checkbox"/>
SUMMARIZE AND THANK		
• Summarize an action plan	<input type="checkbox"/>	<input type="checkbox"/>
• Offer referrals (as needed)	<input type="checkbox"/>	<input type="checkbox"/>
• Schedule a check-in	<input type="checkbox"/>	<input type="checkbox"/>