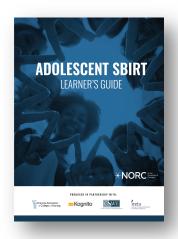
SBRT HNORC at the University of Chicago

Adolescent SBIRT Learner's Guide Order Form

The *Adolescent SBIRT Learner's Guide* is a 300+ page comprehensive manual for educators and trainers, practitioners, and students to learn to conduct SBIRT with adolescents and young adults. Beyond five newly updated modules, the Appendix contains dozens of screening tools, pocket cards, practice exercises, and other key resources.

- **Module 1** provides an overview of the SBIRT model, why it is important for use with youth, and evidence that supports its efficacy and effectiveness. It also highlights the prevalence and impact of substance use and mental health concerns among youth.
- **Module 2** provides step-by-step guidance on how to administer, score, and interpret commonly used screening tools for substance use and anxiety, depression, and suicide risk.
- **Module 3** provides an overview of the Brief Negotiated Interview (BNI) model and step-by-step guidance for conducting a brief intervention using Motivational Interviewing skills.
- Module 4 provides information on substance use treatment options best suited for youth, identifies unique challenges practitioners encounter when referring, reviews the process of referral using a warm hand-off, and emphasizes the importance of follow-up.
- Module 5 provides an overview of key Motivational Interviewing skills used during brief intervention such as asking permission, using OARS (open-ended questions, affirmation, reflective listening, summarizing), assessing readiness to change, and eliciting change talk.



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S B I R T	The previous version of the <i>Learner's Guide</i> is available at a reduced cost of \$50 per copy. This manual is useful when using SBIRT to screen adolescents for alcohol and drug use with
Learner's Guide to Adolescent SBIRT	brief, valid questionnaires such as the CRAFFT, AUDIT-C, AUDIT, GAIN-SS, and S2BI; deliver effective brief interventions informed by Motivational Interviewing using the Brief Negotiated Interview model; link adolescents to medical, behavioral, or specialty treatment services as needed, and work with other health professionals in ongoing care coordination; and provide follow-up and recovery supports to adolescents.
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