

BACKGROUND

- Great need for social workers, nurses and other health professionals to train in adolescent substance use prevention/early intervention
- Goal: to train students and current practitioners to effectively apply SBIRT with youth

PROJECT

- Launched in September 2014
- Steering Committee: 30+ subject matter experts, educators, researchers, practitioners, professional associations
- Developed Adolescent SBIRT Curriculum and Kognito Adolescent SBIRT Simulation Training
- 4 Implementation and Evaluation Tracks
- Learning Collaborative: 286 social work and nursing educators, field instructors, preceptors, practitioners
 - Monthly meetings planned through spring 2018
 - <http://sbirt.webs.com/join-us>

SBIRT DEFINITION

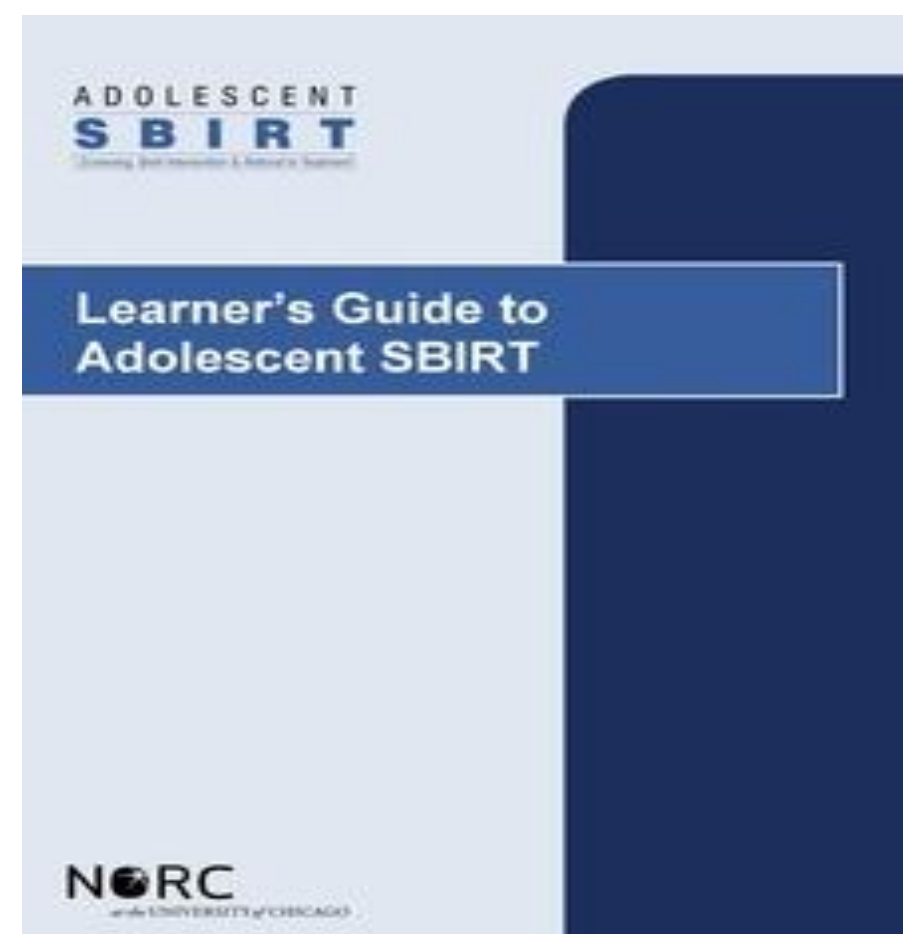
- Screening, Brief Intervention and Referral to Treatment (SBIRT) is one of the leading ways to help reduce the impact of unhealthy alcohol and substance use
- Identifies potentially problematic substance use quickly
- Integrated in a wide variety of settings
- Increasingly used in behavioral and medical treatment and prevention/early intervention settings, but new for many practitioners

WEBSITE



ADOLESCENT SBIRT INSTRUCTOR'S TOOL KIT

- Comprehensive Learner's Guide to SBIRT for adolescents and young adults
- Examines each component of SBIRT and motivational interviewing skills
- Screening tools, scripted interactions, case studies, and more
- Includes:
 - IRB materials
 - Course syllabi
 - Sample homework assignments
 - Sample pre/post evaluation measures



Resources

Screening Tools

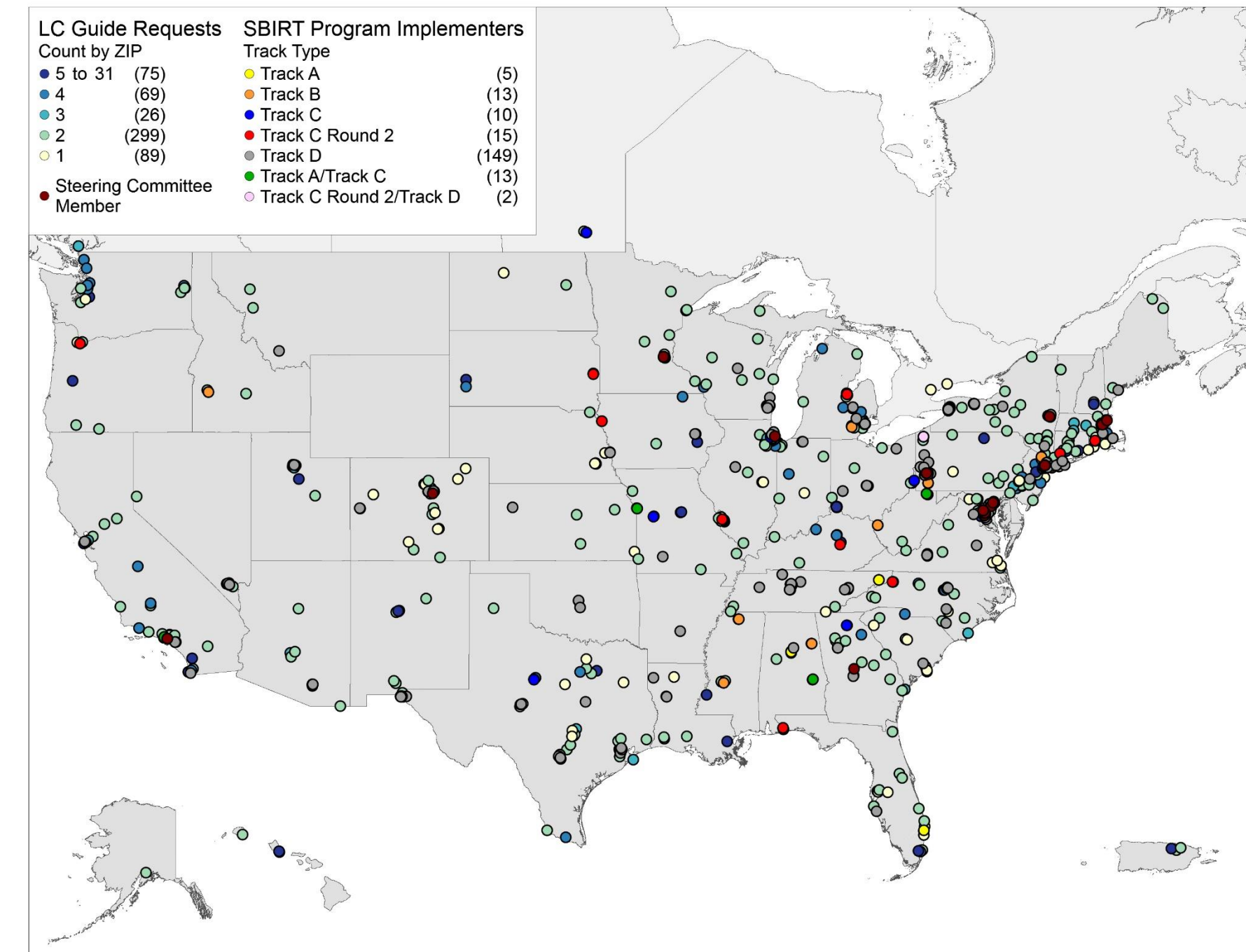
Fact Sheets

Pocket Guides

Sample Role Plays

PROJECT REACH

Engagement



Learning Collaborative

- A Learning Collaborative (LC) was also created
- Members include social work and nursing educators, field instructors, preceptors, and practitioners
- Current membership: **286**
- The Learning Collaborative member's receive a monthly newsletter and there are monthly meetings where at least one member shares their experience implementing the adolescent SBIRT curriculum
- The LC is scheduled to meet monthly through the spring of 2018

Steering Committee

- The Steering Committee (SC) provided strategic guidance and overall direction of project
- SC provided key guidance on the development of Instructors toolkit including curriculum and on evaluation of curriculum and Kognito simulation
- Members include researchers, experts in adolescence substance use, adolescent SBIRT, evaluators, educators, nursing and social work practitioners, and physicians, among others
- Current membership: **30+**
- The SC is engaged bi-monthly
- Scheduled to meet monthly through the spring of 2018

BARRIERS AND FACILITATORS

BARRIERS

- Nursing and Social Work respondents reported similar patterns of barriers
- Lack of interest was ***not*** a major barrier
- Time and lack of expertise were the most frequently cited barriers
- Availability of Resources (e.g., time, space, materials) – materials easily attainable, but time/space may be a barrier
- Engaging appropriate individuals/stakeholders
- Lack of faculty, field placement/internship buy-in
- Experience/familiarity with intervention
- Effect of individuals' motivation, attitude, values

Facilitators

- Dean/Chair/Department buy-in facilitated implementation
- Training field supervisors helped implement the program
- Students observe practitioners using SBIRT and become more invested in learning
- Full integration into courses (i.e., SBIRT training and participation in Kognito simulation was required course component)
- Tools for faculty to easily implement into the curriculum
 - Email reminders to Faculty, email templates for students
- Provide faculty training with direction on how and where to include SBIRT in courses
- Need a Faculty/Department point person to champion SBIRT and provide the material, technical assistance and support faculty need to integrate SBIRT into courses
- Kognito reports helped Faculty manage and track program implementation
- Transparent reporting/communication process facilitated implementation
- Providing clear guidance for faculty about amount of time that SBIRT curriculum requires (e.g., Kognito training will take 1 hour, time estimates for modules)

DISSEMINATION

- Adolescent SBIRT Curriculum Dissemination: 772 requests from academic programs and community organizations
- Dissemination: Numerous presentations, webinars, and exhibits
- Adolescent SBIRT Simulation Only: 11 programs (Track A)
- Adolescent SBIRT Curriculum and Simulation: 46 programs (13 Track B, 33 Track C)
- Field Supervisor and Preceptor Simulation Training: 157 programs and organizations (Track D)
- Licensing Track: 22 programs, 1 professional association (10,000 practitioners)
- Website Engagement: avg. 1,321 visits per month

CONCLUSION

- LC facilitated engagement from nursing, social work, and interprofessional programs across the country
- LC provided opportunity to evaluate Instructor's Guide through field test trials.
 - Able to evaluate outcomes such as knowledge, self-efficacy, skills, etc.
- Project allowed evaluation of psychometric measures
- Ongoing learn and shares provide supportive environment for learning about implementation challenges and successes, and facilitated continuous and timely exchanges of information to overcome challenges
- The Needs Assessment provided an opportunity to identify and address barriers and challenges. Tools were developed and shared to overcome barriers

PARTNERS AND FUNDER



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