

Brief Intervention Observation Sheet

Did the Practitioner ...

					<u>Comments</u>
(1) Raise the subject	1) Explain role and respectfully ask permission to have a discussion about alcohol/drug use	Yes	No		
	2) Review adolescent's alcohol/drug use patterns	Yes	No		
(2) Provide feedback	3) Share the adolescent's screening scores and risk level	Yes	No		
	4) Review drinking guidelines (e.g., NIAAA, American Academy of Pediatrics) relevant to his/her sex and age group	Yes	No		
	5) Explore possible connection to school, work, health, social, family, relationship issues and express concern(s) (if relevant)	Yes	No		
(3) Enhance motivation	6) Ask adolescent to select a number on the "Readiness Ruler" or "Important/Confidence Rulers"	Yes	No		
	7) Ask adolescent "Why didn't you pick a lower number?" or "How would your drinking (drug use) have to impact your life in order for you to start thinking about cutting back?"	Yes	No		
	8) Discuss and summarize adolescent's pros and cons of use	Yes	No		
(4) Negotiate a plan	9) Provide a summary of readiness OR importance/confidence (You said ...)	Yes	No		
	10) Negotiate a goal with the adolescent based on response to asking about next steps (e.g., <i>What steps would you be willing to take?</i>)	Yes	No		
	11) Offer a menu of choices for change, elicit adolescent's ideas/action plan, provide recommendation, secure agreement	Yes	No		
Motivation	12) To what degree did the practitioner use a non-confrontational, motivational style (open-ended questions, affirmations, reflective listening)?				
	<i>Not At All</i> <i>Very Effectively</i> 1 2 3 4 5 6 7				

12. Additional comments about practitioner performance: