

SBIRT Workflow: Substance Use Risk Level Based on CRAFFT+N 2.1 HONC

No use in past 12 months & CRAFFT score of 0



No use in past 12 months & "Yes" to CAR

Use in past 12 months & CRAFFT score of 0 or 1

Use in past 12 months & CRAFFT score of 2 or more

Low Risk (- screen)

Medium Risk (+ screen)

Medium Risk (+ screen)

High Risk (+ screen)

Positive Reinforcement & Education

- 1-3 minutes.
- Offer praise/recommend continued no use.
- Education on substance use and driving/riding risk.
- Close on good terms.
- Summarize, affirm, thank.

Brief Intervention for Driving/Riding Risk

- 3-5 minute BI.
- Offer praise/recommend continued no use.
- Explore what they know about driving/riding risk.
- Provide education and feedback on driving/riding risk.
- Elicit their feedback.
- Plan for follow up.
- Summarize, affirm, thank.

Brief Intervention

- 5-15 minute BI.
- Explore what they know and pros/cons about substance use and driving/riding risk.
- Provide education and feedback on substance use and driving/riding risk.
- Recommend no use.
- Elicit their feedback.
- Assess readiness to change.
- Negotiate action plan.
- Review referral options (if needed).
- Plan for follow up.
- Summarize, affirm, thank.

Brief Intervention

- 10-30 minute BI.
- Explore what they know and pros/cons about substance use and driving/riding risk.
- Provide education and feedback on substance use and driving/riding risk.
- Recommend no use.
- Elicit their feedback.
- Assess readiness to change.
- Negotiate action plan.
- Review referral options.
- Plan for follow up.
- Summarize, affirm, thank.

[Referral to Treatment/Services is not needed]

Potential Referral to Treatment/Services
Warm handoff/link to care.

Referral to Treatment/Services
Warm handoff/link to care.

Follow Up

- Re-screen.
- Check in on goal not to drive/ride in a car with someone who has used substances.
- Offer praise if they have not driven/ridden in a car with someone using substances and conduct BI if they have.
- Elicit their feedback.
- Summarize, affirm, thank.

Follow Up

- Re-screen.
- Check in on progress towards goals.
- Offer praise in their efforts to change.
- Explore challenges, successes, and who can support them.
- Identify next steps towards goals/action plan.
- Elicit their feedback.
- Provide warm handoff/link to care (if needed).
- Summarize, affirm, thank.

Follow Up

- Re-screen.
- Check in on progress towards goals/engagement in care.
- Offer praise in their efforts to change and engage in care.
- Explore challenges, successes, and who can support them.
- Identify next steps towards goals/action plan and engagement in care.
- Elicit their feedback.
- Provide warm handoff/link to care (if needed).
- Summarize, affirm, thank.

Clinical judgement should be used to determine the types of services and level of care needed. Consider:

- Age of patient and age at first drink or substance use
- Medical history (physical or mental health condition)
- Medication interactions with substance use
- Extreme binge drinking (leading to blackouts)
- Polysubstance use or extreme binge drinking (leading to blackouts)
- Safety concerns (riding in a car with a caregiver/guardian who is under the influence may require a report to child protective services)
- Significant drop in school performance