

Each beverage portrayed above represents one U.S. standard drink (also known as an alcoholic drink-equivalent). The percent of pure alcohol, expressed here as alcohol by volume (alc/vol), varies within and across beverage types.



= 12 oz beer 154 calories



Run 1.5 miles



Bike 20 minutes



= 240 calories



Run 2.25 miles



Bike 35 minute



12 ounce beer = \$1.75 -\$5



6 pack per week \$416- \$1560



= Rum and coke = \$2.50-\$10



6 drinks per week \$780 - \$3120



Pricing – Typical medical marijuana prices in Colorado. Amendment AA will add at least 25 percent to each of these at a retail store.

Gram: \$10-\$12

Brownie: \$8-\$12, 2-4 doses per brownie

Eighth: \$35

Cheeba Chew (a Tootsie Roll-like edible):

Ounce: \$280

\$6-\$8 each, 4-6 doses per candy

Talking points for Marijuana: As a health professions students I am obliged to tell you that:

Marijuana is addictive. About 1 in 6 people who start using as a teen, and 25–50 percent of people who use it every day, become addicted to marijuana.

How long does marijuana stay in your body?
The THC in marijuana is rapidly absorbed by fatty tissues in various organs throughout the body. In general, standard urine tests can detect traces (metabolites) of THC several days after use. In heavy users, however, THC metabolites can sometimes be detected for weeks after use stops.

How is marijuana likely to affect you?

Learning: Marijuana's effects on attention and memory make it difficult to learn something new or do complex tasks that require focus and concentration.

Sports: Marijuana affects timing, movement, and coordination, which can harm athletic performance.

Judgment: Marijuana, like most abused substances, can alter judgment. This can lead to risky behaviors that can expose the user to sexually transmitted diseases like HIV, the virus that causes AIDS.