

Sample Interaction: Screening with the CRAFFT 2.1

Setting: A 16-year-old high school junior was arrested for vandalism of school property after being caught spray painting graffiti after school. Because this was a first offense, the student was instructed to participate in a school-based diversion program for one year. During the first session in the program a practitioner conducted a risk assessment to identify behavioral health risks and to connect the student to appropriate services. To identify risky substance use along a broader continuum, the school-based diversion program integrated the CRAFFT 2.1 screening questions into their risk assessment.

The dialogue for the in-person CRAFFT 2.1 screening is presented below. Other areas of the risk assessment are mentioned in the dialogue but are not included in this sample interaction. The scoring of the CRAFFT is calculated and noted in parentheses throughout the dialogue.

Practitioner: *Hello, [X], I am [X].*

Adolescent: *Hi.*

Practitioner: *How are you feeling today?*

Adolescent: *I'm ok. I just don't feel like talking.*

Practitioner: *It sounds like you aren't feeling great, but not feeling too bad either. Is this right?*

Adolescent: *Yeah, whatever. I'm ok. I just don't feel like talking.*

Practitioner: *Well, as part of my role in this program, I'm going to ask you a few questions that I ask all of my patients. Please be honest. I will keep your answers confidential. Is it okay if I ask you these questions? They won't take too long to complete, and you're stuck with me today anyway.*

Adolescent: *Are you going to share my answers with my parents?*

Practitioner: *No, all of the details we discuss today will be kept between us. I will only share information if I feel that your safety, or the safety of others, is at risk. If I think I may need to share anything with your parents, then I will always talk with you about it first.*

Adolescent: *As long as you talk with me first.*

Practitioner: *Yes, I will always talk with you about it first and we would plan together exactly what I would share, if I were to share anything with them.*

Adolescent: *OK.*

Practitioner: *During the past 12 months, on how many days did you drink more than a few sips of beer, wine, or any drink containing alcohol? Say “0” if none.*

Adolescent: *Just like 3 times.*

Practitioner: *During the past 12 months, on how many days did you use any marijuana (weed, oil, or hash) by smoking, vaping or in food or synthetic marijuana (like K2 or Spice)? Say “0” if none.*

Adolescent: *Zero.*

Practitioner: *During the past 12 months, on how many days did you use anything else to get high (like other illegal drugs, prescription or over the counter medications, and things that you sniff, huff, or vape). Say “0” if none.*

Adolescent: *Zero, I have only drunk alcohol.*

Practitioner: *Thank you for sharing that information. Since you told me that you drank alcohol three times during the past year, I would like to ask you a few more questions about your alcohol use. Would that be OK?*

Adolescent: *Yeah.*

Practitioner: *Have you ever ridden in a **CAR** driven by someone (including yourself) who was “high” or had been using alcohol or drugs?*

Adolescent: *Yes. (1 point).*

Practitioner: *Do you ever use alcohol to **RELAX**, feel better about yourself, or fit in?*

Adolescent: *Yes, I use it to relax and feel less anxious at school and at parties. (1 point).*

Practitioner: *Do you ever use alcohol while you are by yourself, or **ALONE**?*

Adolescent: *No.*

Practitioner: *Do you ever **FORGET** things you did while using alcohol?*

Adolescent: *No.*

Practitioner: *Do your **FAMILY** or **FRIENDS** ever tell you that you should cut down on your drinking?*

Adolescent: *No.*

Practitioner: *Have you ever gotten into **TROUBLE** while you were using alcohol?*

Adolescent: *I did this time. (1 point).*

This adolescent scored a 3 on the CRAFFT 2.1, which is a positive screen. The practitioner will review the screening score with them and conduct a brief intervention with the goal of getting them to stop or cut down on their drinking. The practitioner should conduct follow up to monitor behavior changes over the course of the adolescent’s time in the diversion program. A dialogue of the first brief intervention, using the Brief Negotiated Interview technique, is provided in Module 3.

Sample Interaction: Self-Administered Screening with the CRAFFT 2.1

Setting: A 16-year-old high school junior was arrested for vandalism of school property after being caught spray painting graffiti after school. Because this was a first offense, the student was instructed to participate in a school-based diversion program for one year. During the first session in the program a practitioner conducted a risk assessment to identify behavioral health risks and to connect the student to appropriate services. To identify risky substance use along a broader continuum, the school-based diversion program integrated the self-administered CRAFFT 2.1 screening questions into their risk assessment, replacing the standard substance use questions.

The dialogue for the in-person CRAFFT 2.1 screening is presented below. Other areas of the risk assessment are mentioned in the dialogue but are not included in this sample interaction. The scoring of the CRAFFT is calculated and noted in parentheses throughout the dialogue.

Practitioner: *Hello, [X], I am [X].*

Adolescent: *Hi.*

Practitioner: *How are you feeling today?*

Adolescent: *I'm ok. I just don't feel like talking.*

Practitioner: *It sounds like you aren't feeling great, but not feeling too bad either. Is this correct?*

Adolescent: *Yeah, whatever. I'm ok. I just don't feel like talking.*

Practitioner: *Well, as part of my role in this program, I would like to review your answers to the survey you just completed. Before we start talking I want to let you know that I will keep your answers confidential unless I am concerned that you are at risk of hurting yourself, hurting someone else or someone is hurting you. If I did feel I had to share any information like that with others, I would discuss it with you first. Is it okay if we start? This won't take too long and you're stuck with me today anyway.*

Adolescent: *Are you going to share my answers with my parents?*

Practitioner: *No, all of the details we discuss today will be kept between us. I will only share information if I feel that your safety, or the safety of others, is at risk. If I think I may need to share anything with your parents, then I will always talk with you about it first.*

Adolescent: *As long as you talk with me first.*

Practitioner: *Yes, I will always talk with you about it first and we would plan together exactly what I would share, if I were to share anything with them.*

Adolescent: *OK.*

Practitioner: *Just to confirm what is on the paper, it says that during the past 12 months you had a drink with alcohol about 3 times. You did not use any nicotine, marijuana or other drugs. Is that correct?*

Adolescent: *Yup, just like I said on the paper.*

Practitioner: *OK, got it.*

Practitioner: *Also, to confirm, it says here that you use sometimes use alcohol to relax, and you have gotten in trouble because of alcohol use. You also indicated that you have ridden in a car driven by someone who had been using alcohol or other drugs.*

Adolescent: *Yup.*

This adolescent scored a 3 on the CRAFFT 2.1, which is a positive screen. The practitioner will review the screening score with them and conduct a brief intervention with the goal of getting them to stop or cut down on their drinking. The practitioner should conduct follow up to monitor behavior changes over the course of the adolescent's time in the diversion program. A dialogue of the first brief intervention, using the Brief Negotiated Interview technique, is provided in Module 3.