



Additional Resources

The following resources provide additional information on marijuana use and its impact on your clients' lives. We've also included resources to support you in protecting your clients from the risks of frequent marijuana use. As there is a lot of information out there, we've only included sites and organizations that we trust.

Science and Marijuana Research

[U.S. Surgeon General's Advisory: Marijuana Use and the Developing Brain](#): This advisory from the Office of the Surgeon General highlights the most current research surrounding the impact of marijuana use on the teenage brain.

[The Science of Marijuana: How THC Affects Your Brain](#): This article shares more about the science of how marijuana impacts your clients' brains.

[The Science of the Endocannabinoid System: How THC Affects Your Brain & Body](#): Want to learn more about the endocannabinoid system? Here is some more information from the researchers at the National Institute on Drug Abuse.

[Marijuana Use and Educational Outcomes](#): This infographic explains how marijuana use can impact your clients' educational outcomes.

Marijuana Fast Facts

[Marijuana](#): A brief summary of the research on marijuana from the National Institute on Drug Abuse (NIDA).

[Marijuana: A Letter from the Director](#): A thorough research report on marijuana from NIDA's director, Nora Volkow, MD.

[Marijuana: Facts for Teens](#): Some Fast Facts on marijuana for young people that you can share with your clients.

[Marijuana: Facts Parents Need to Know](#): This helpful guide created by the leaders at the National Institute on Drug Abuse reviews research surrounding marijuana and helpful strategies to share with parents to support them in talking to their teens.

Videos

[The Reward Circuit: How the Brain Responds to Marijuana](#) [3:15]: A great video that shares more about how the Brain Responds to Marijuana.

[Drugs: Shatter the Myths](#) [3:45]: A look at common myths about drugs that you can share with your students.

[Why Are Drugs So Hard to Quit?](#) [2:00]: This video explores why drugs are so hard to quit.

["Eyes On" Research in Drugged Driving](#) [1:18]: What is Drugged Driving? This video explores the current research.

Vaping

[Stanford University Tobacco Prevention Toolkit](#): This toolkit, developed by Dr. Bonnie Halpern-Felsher and her team at Stanford University, offers evidence-based tobacco prevention lesson plans designed for use with middle and high school students.

[Surgeon General's 2016 Report on E-Cigarette Use Among Adults](#): This comprehensive report summarizes the research surrounding e-cigarette use and provides recommendations for how to best protect young people from e-cigarette use.

[Know the Facts: e-Cigarettes & Young People](#): This website from the Surgeon General includes e-cigarette facts, risks, and prevention recommendations.

Science and the Teenage Brain

[Why is the Teenage Brain So Hard to Understand?](#) This Time Magazine interview with neuroscientist Frances Jensen, MD, offers a helpful perspective on your students' development and behavior.

Helping Your Clients

[Classroom Resources and Drug Facts](#): These resources from the National Institute on Drug Abuse (NIDA) offer helpful prevention strategies and hands-on materials to share for psychoeducational purposes.

[SAMHSA National Helpline](#): SAMHSA shares resources for support if a student needs help.

[Is Marijuana Safe for Teens?](#) This Stanford University Medicine article shares the perspective of the American Academy of Pediatrics.

Guides for Parents

[The Parent 20-Minute Guide](#): These resources from The Center for Motivation and Change offers targeted, helpful strategies for talking to your teen about substance use.

[What to do if your teen has a problem with marijuana or other drugs?](#): A great resource and step-by-step guide if you are concerned about your teen's substance use.

[ASU Study: Communication is Key for Keeping Your Kids Off Drugs](#): This article highlights research that highlights the importance of having family discussions about substance use.

[Is Marijuana Safe for Teens?](#): This Stanford University Medicine article shares the perspective of the American Academy of Pediatrics.