

# Brief Intervention Observation Sheet

## *Did the Resident ...*

<b>Raise the subject</b>	<p><b>1)</b> Respectfully raise the subject of alcohol or drug use (e.g., ask patient for permission to discuss substance use)?</p>	<b>Yes</b>	<b>No</b>
	<p><b>2)</b> Review patient's substance use patterns and express concern?</p>	<b>Yes</b>	<b>No</b>
<b>Provide feedback</b>	<p><b>3)</b> Ask patient if he/she sees a connection between substance use and health concerns (if relevant)?</p>	<b>Yes</b>	<b>No</b>
	<p><b>4)</b> Inform patient of healthy guidelines relevant to his/her sex and age group and tell patient his/her substance use is above guidelines and unsafe?</p>	<b>Yes</b>	<b>No</b>
	<p><b>5)</b> Ask patient to select a number on the "Readiness Ruler"?</p>	<b>Yes</b>	<b>No</b>
<b>Enhance motivation</b>	<p><b>6)</b> What was the number? _____</p>		
	<p><b>7)</b> Ask patient why he/she did not pick a lower number? Ask patient what would make his/her substance use a problem? OR Ask how important would it be for the patient to prevent that from happening? OR Discuss patient's pros and cons of use?</p>	<b>Yes</b>	<b>No</b>
	<p><b>8)</b> Negotiate a goal with the patient based on his/her response to being asked, "What steps would you be willing to take?"</p>	<b>Yes</b>	<b>No</b>
<b>Negotiate plan</b>	<p><b>9)</b> Tell patient that if he/she can stay within healthy limits he/she will be less likely to experience (further) illness or injury related to substance use?</p>	<b>Yes</b>	<b>No</b>
	<p><b>10)</b> To what degree did the resident use a guiding style?</p>		
	<p><i>Did not use a guiding style</i></p> <p><b>1      2      3      4      5      6      7</b></p> <p><i>Used a guiding style very effectively</i></p>		